Hand Jive
Kids get in pairs. Kids clap their hands together when they chant the consonants and lap clap for the vowels. Put your hands in the hair when you say the word at the end.

Mexican Hat Dance
Alternate feet in front of you each time you chant a letter. Say the word and then say “OLE” at the end!

Volcano!
Start as a whisper. Get louder each time you say the letters in the word. Explode when you say the word at the end.

Chicken Cheeks
Flap your arms like a chicken. Nod your head each time you chant a letter. Flap quickly at the end and say the whole word.

Disco
Start out dancing like Saturday Night Fever. Put your hand up when you chant the consonants and bring it down when you chant the vowels.

Stomp Your Feet
Stomp your feet to each letter in the word.

Throw the Stars
Throw one hand up at a time toward a ceiling for each letter of the word. Sprinkle your fingers downward toward the ground as you say the whole word.

Motorcycle
Hang on to pretend handle bars and pop a wheelie each time you chant a letter. Say “vroom, vroom!” before you say the whole word.